Nutrition Facts

Serving Size: 1/2 Cup (125g)
Serving Per Container: 6

Amount Per Serving	
Calories 55	Calories from Fat 10
	% Daily Value *
Total Fat 1.5g	**2%**
Saturated Fat 0g	
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 180mg	**8%**
Total Carbohydrate 8g	**4%**
Dietary Fiber 2.2g	**9%**
Sugars 3g	
Protein 2g	

Vitamin A 15%	•	Calcium 5%
Vitamin C 25%	•	Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet.